

Turtle Rock Women's Club

January 2023

Board Members

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|  |  |  |  |  |  |
| President Cean Cerny | 1st VP Mary Beth Cordier | 2nd VP Melinda Adams | Treasurer Kay Consigny | Secretary Susan Birkenmaier | Membership Karen Lyon |

Luncheon Committee

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|  |  |  |  |
| Donna McCarthy | Joan Miller | Audrey Paddock | Kim Weiser |



President's Message

Let's celebrate with great optimism all the promise the new year brings. Each day offers a new chance to be our best selves whether through simple acts of kindness, self care or volunteerism.



This month we are rolling out new and enhanced programs to broaden your total TRWC experience. These include developing a social media presence, new member support initiative, and new and "pop-up" events. Volunteers are needed to support these programs. Your time (a little or alot) and energy will be greatly appreciated. No experience is necessary and everyone- brand new, seasonal or long-time members are encouraged to become involved. Soon we will also be seeking new TRWC Board leaders. Could this be you?

Let's make this the happiest of new years!

Cean



Events Calendar

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| January 11, 2023 | Cooper's Hawk Please note this date is the 2nd Wednesday of January *** Food bank donation collection at the luncheon *** |
| January 14  | Ukrainian egg decorating, TRCC 1-3 p.m. Pre-registration and \$20 fee is required for supplies. Send an email to judyibentz@yahoo.com or call 412-848-0950 |
| February 1 | Plantation Golf and Country Club, Venice Please note the earlier reservation deadline MONDAY, January 23rd *** Food bank donation collection at the luncheon *** |
| March 1 | Mattison's 41 *** Food bank donation collection at the luncheon *** |
| March 6  | Phillies v Orioles Baseball game 1:05 pm, Ed Smith Stadium, Sarasota |



Special Recognition



Long-time resident and past TRWC president **Mary Ann Gates** has recently relocated away from our community. Over the years Mary Ann has given so many volunteer hours to create an enjoyable quality of life for TR residents. She served in many TRWC officer positions and was instrumental in establishing and leading many activities such as Bunco, water aerobics and duplicate bridge. We could always count on Mary Ann to enthusiastically lend her support to friends and residents. Thank you for your friendship, time and wonderful volunteer spirit.

TRWC November 2022 Pictorial Directory Corrections

Melissa McOmber (sorry for listing your name incorrectly Melissa)

Marylene Garcia marylenegarcia@ameritech.com (sorry for the incorrect email listing)

JANUARY



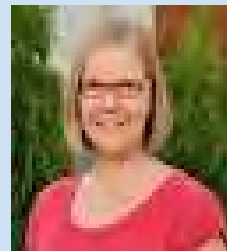
Betsy Andrews
January 2



Joan Miller
January 3



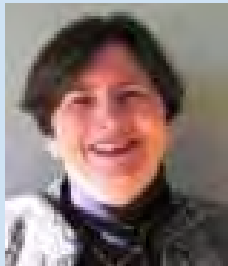
Polly Fasick
January 9



Erica Ashton
January 15



Andrea Dulow
January 16



Charlotte Hase
January 18



Agnes Kelly
January 21



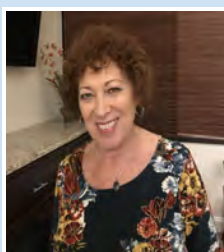
Therese Burazin
January 22



Helene Horrell
January 22



Liz DeLuca
January 26



Diane Quincy
January 29



Allyn Violet
January 31

Happy
BirthDay

Volunteer Opportunities



Wanted: TRWC Social Media Coordinator(s)/Moderator(s)

As a community organization, our goal is to provide strong communication and opportunities to connect with our neighbors. We would like to establish more communication channels such as Instagram, Facebook, etc. The Board is looking for volunteers to create, monitor and maintain any of these avenues. Our goal is to create a safe place to engage with others. For example, ask

questions, request suggestions for vendors, suggest informal gathering opportunities, and any other matter to help each other.

What does this involve?

- Initially set up the site.
- Approve users who live in Turtle Rock.
- Post or approve postings from members on any topic of possible interest to members.
- Ensure appropriateness of postings (consistent with TR community guidelines).
- Volunteer about 2-4 hours per month to approve users and maintain interest in the site. (may require more time for set-up)

The TR Young Families club created these opportunities in 2016 and participation continues to grow. We are hoping for a similar level of interest and way to engage a broader base of neighbors.



Wanted: New member Supporters

It helps to have a new friend making it easier to become rooted in the TR community and women's club. We are seeking friendly women who will reach out to new and former club members to provide an inviting atmosphere and warm welcome in the TRWC. Volunteers may offer to sit with a newer member at luncheons, make introductions to other members, provide a ride to/from activities if needed, invite new guests to a TRWC activity, answer questions, share a meal or whatever might help

a new neighbor feel welcome. Volunteers will gather to develop this new program and discuss ideas on how to reach out to community members. *An organizational meeting will be scheduled in February.* Long and short term commitments are welcome and will be limited to 1-2 potential club members per year. Seasonal resident volunteers are encouraged to participate. Contact Karenlyon812@gmail.com.

If you are interested in helping in either or both of these programs, please send an email to turtlerockwomensclub@gmail.com and a Board member will contact you to provide more information.

Turtle Rock Women's Club Luncheons

Featured Guest Speakers

January Luncheon

Jeri Sedlar is the featured guest speaker. Jeri is an author, speaker and lecturer on the evolving topic of retirement. She is co-author of the book, **Don't Retire-Rewire!** (3rd ed.) and **On Target: Enhance Your Life and Ensure Your Success.** She has traveled the globe actively researching individuals and organizations on the challenges associated with an aging society. Her findings led to the creation of the five step Rewiring© process, which focuses on finding new purpose, passions, play and work possibilities that promote healthy, fun and fulfilling futures.

She served as Senior Advisor to The Conference Board on the Mature Workforce, and was a delegate to the White House Conference on Aging. Jeri is the former Editor-at-Large of *Working Woman* magazine, and was a partner in an executive search firm that specialized in the placement of senior executives in the health and beauty industry

****** Food bank donation collection at the luncheon ******

February Luncheon

Plantation Golf Club

Galina Jordan is the featured guest speaker. Galina is the Community Outreach and Marketing Specialist at Adult & Community Enrichment (ACE). She's been with the ACE program for 8 years and brings to her position a well-established background in education, social science research and community relations. Galina is fluent in three languages and is a strong advocate for lifelong learning.

****** Food bank donation collection at the luncheon ******

2023 Ukrainian Egg Design Class

Saturday, January 14, 2023

1:00-3:00 TR Community Center

PRE REGISTRATION IS REQUIRED

Deadline January 1, 2023

The ancient method of wax resist is easy to learn.

Supplies are \$20.00. (You will have enough supplies to decorate several dozen eggs). ***Registration deadline is***

January 1 so supplies can be ordered. To register or for questions call Judy Bentz at 412-848-0950 or send an email to judybentz@yahoo.com.





500 Rockley Blvd, Venice
941-497-1494

Wednesday, February 1, 2023

Social gathering 11:30 a.m./Lunch noon

Entree selections



Chicken Forestier in mushroom sauce with roasted potatoes and mixed vegetables



Mahi mahi with mango salsa, rice and mixed vegetables



Spinach and cheese ravioli

Dessert



NY style cheesecake with strawberries

Coffee, iced tea and lemonade included

Cash bar available

****Please include your entree selection on the memo line of your check ****



\$ 30 per person includes tax and gratuity.

Drop your check off in the TRWC box at the TRCC.

Reservation deadline is →→ **Monday, January 23, 2023** ←←

*(To cancel please send an email to turtlerockwomensclub@gmail.com
Sorry no refunds after the reservation deadline date)*

***December 7, 2022 Annual Holiday Luncheon
Stoneybrook Golf & Country Club***





A
Very
Merry
Christmas
& a Happy New Year!





Mah Jongg



Mah Jongg is an ancient game for women and men, originating in China and brought to America after the war. It is a game using tiles (similar in size to dominoes) and racks usually played by 4 people. Variations or “house rules” are common throughout the country, but for the last 85 years, the National Mah Jongg League has published the official “Hands and Rules Scorecard” for use in the United States. These cards are purchased each year listing a new set of “Hands”, or patterns of tiles that must be achieved in order to win a game.



The tiles consist of 3 “suits” (cracks, dots, and bams), ” dragons” (red, white and green) “winds” (North, South, East and West), flowers and jokers. These combine in different “hands” or patterns to achieve a winning hand consisting of 14 tiles, by drawing, exchanging, and stealing.

Recently the National League has developed games that can be played by 2 or 3 players at a time, and Mah Jongg is now available to play on the internet.

On Mondays, from 1:00 to 4:00 TRWC members play at the Community Center. We are happy to welcome new members who would like to brush up or learn to play this exciting game. For more information please see the activity information below.



REGISTRATION DEADLINE IS FEBRUARY 24

The Turtle Rock Men's and Women's Club would like to invite you, on a first come, first serve basis, to:



National League Champion

PhiladelphiA Phillies

VS

BALTIMORE ORIOLES

Monday, March 06, 2023

Game starts at 1:05 p.m.

We have reserved 30 seats for our group!

Reserved Grandstand seats are in the shade between home and 1st base in Section 207.

Cost: \$25.00 per person.

Location: ED SMITH STADIUM

2700 12TH STREET, SARASOTA, FL 34237

Phone: 941-893-6300

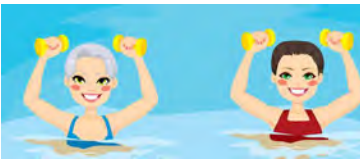






Registration: Please make checks payable to John Adams for the total amount due. The checks can be dropped off or mailed to John Adams at 8247 Nice Way. There will be a box under the front portico for your convenience.



Arrangements will be made for you to pick up your tickets at a later date.

Registration Deadline: February 24, 2023

ONGOING ACTIVITIES

Our on-going activities are great ways to make new friends in the neighborhood. If you are interested and have questions about a specific group, please contact the activity organizer. If you'd like to include a new activity, please let us know at turtlerockwomensclub@gmail.com.

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|  | <p>Water Aerobics</p> <p>Liz Spyrison leads a group exercise at our Community Pool on Tuesdays and Thursdays from 9:30 - 10:30 am. If you would like to join, please contact Liz Spyrison at 941-587-2596 or espyrison@gmail.com.</p> |
|  | <p>Daytime Book Group</p> <p>This group meets on the 3rd Wednesday of the month at 10:00 am. Please contact Sora Yelin at 941-926-4534 for questions or info regarding joining this book club.</p> |
|  | <p>Bunco Night</p> <p>Bunco is played on the third Wednesday of each month from 6:00 pm - 8:00 pm at the Community Center. Gather at 5:30 pm and bring \$5.00 to play. RSVP needed to Donna McCarthy at dmccarthy1014@gmail.com. If you like, stay after Bunco to play Left, Right, Center, bring \$3 to play LRC</p> |
|  | <p>Mah Jongg</p> <p>A fun and challenging tile game, played at the TRCC on Mondays from 1-4 pm. Call Judy Bentz at 412-848-0950 for more info. We will teach beginners. Regulars can set their own tables.</p> |
|  | <p>What Are You Reading? Evening Book Club</p> <p>Are you looking for an evening of great conversation and a chance to learn about new books and authors? Contact Paula Griffin at paulasrq@gmail.com.</p> |
|  | <p>Duplicate Bridge</p> <p>DUPLICATE BRIDGE is played at the Community Center on the 2nd and 4th Fridays of each month from 1-4 p.m. If you'd like to play, please contact Pat Bass at 941-923-4872.</p> |
|  | <p>Knit and Stitch Group</p> <p>If you knit, crochet, cross-stitch, do needlepoint or other hand-stitching projects for yourself or charity, join other stitchers on the second and fourth Wednesday of each month, 2-4 p.m, in a group member's house. Contact Diane Glynn at dianeglynn@aol.com.</p> |

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|  | <p style="text-align: center;">Tennis</p> <p>Our tennis group meets on Tuesday mornings at 8:30 am on the courts. We look forward to members joining us and enjoying some fun playing tennis. Please contact Liz DeLuca at 203-912-1404 or delucaliz@yahoo.com.</p> |
|  | <p style="text-align: center;">Game Night</p> <p>All women and men are invited to attend. Join other neighbors who also enjoy playing cards, or games such as the Mexican Train domino game. We meet monthly on the 2nd Tuesday, 7-9pm, at the Community Center.</p> <p>RSVP/Questions, contact: Joan Miller at 630-258-1821 or joanmiller272@gmail.com.</p> |